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Reiki Day

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SUNDAY 9th MAY 2010

Join us for a wonderful, Reiki blessed day and meet up with other Reiki practitioners - all levels welcome. We will:

- start with a meditation to relax, ground and connect us
- receive a Reiju Empowerment*
- give and receive healing in small groups
- send distant healing using the Kotodama**, to people, places, situations, goals, and anything we wish to manifest
- answer questions, practice techniques
- have a lovely light lunch with time to peruse the books and items for sale

Venue: Evreham Centre, Iver Heath
Time: 10.00am – 2.00pm
Cost: £20.00 – includes light lunch
Contact: Sandra: 01753 651955 / 07879 683501
Tansie: 01895 833045 / 07702 322699

* Reiju Empowerments are the original way that Usui connected his students to the Reiki energy. They were then given weekly to strengthen the connection.

** Kotodama is the distance symbol in sacred sound form (chanted)

More forms and info: www.feeling-good-therapies.com/reikiday.htm

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Reiki Day (Sunday 9th May 2010) Booking Form

Name:

Address:

Email:

Tel:

Reiki level:

Please fill in the booking form, make a cheque payable to Alexandra Watson for £20, and send to: Sandra Watson (Reiki Day), 322 The Parkway, Iver Heath, Bucks, SL0 ORL.